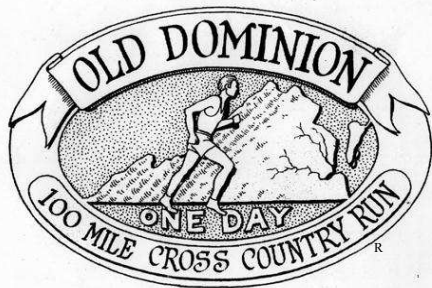


**33nd ANNUAL
100 MILE ENDURANCE RUN
JUNE 4, 2011, 4:00 AM**



COURSE: The 2011 Old Dominion, the original race, is a measured loop trail through the Massanutten Mountains, Shenandoah River Valley and Fort Valley Virginia, with 14 significant climbs, and 14,000 feet of gain. The course is planned as a fair test of endurance running. 100 miles cross- country in one day is a worthy challenge.

TIME LIMIT: 24 hours for the Old Dominion sterling silver buckle recognized around the world. Old Dominion's course is held open for 28 hours, encouraging runners to go the distance. A distinctive commemorative award is given for this accomplishment.

START AND FINISH: The Shenandoah County Fairgrounds in Woodstock, Virginia. The first week of June, by proclamation, is Endurance Run Week in Shenandoah County.

FACILITIES: A Convenient walk from base camp at the fairgrounds to the historic town of Woodstock, founded 1752, as well as lodging and many fine restaurants. Bathrooms and camping are available at the fairgrounds.

QUALIFYING: A 50-mile race, finished within the time limits for that race, since June 2010.

ENTRY FEE: \$135 per entry, or two for \$250 (must be mailed together) must be postmarked by May 14th. May 15-26, \$185.00. **No entries accepted after May 26th.** Early appreciated. Make checks payable to: Old Dominion Endurance Run, Inc.

2010 RESULTS: 30 finishers, 23 bucklers. 1st - David Ruttum, 16:52, 2nd - Bobby Gill, 19:11, 3rd & First Woman, Sabrina Moran, 19:54.

RUN SECRETARY: Official website at: "OldDominionRun.org" Please send registration below, fees or inquiries to Ray Waldron, 581 Boliver Rd, Fort Valley, VA 22652. Home (before 8:30 PM) 540-933-6901.

RACE DIRECTORS: Wynne Botts Waldron & Ray Waldron.

Last Name _____			First Name _____			Age _____		
Mailing Address _____				E-mail _____				
City _____		State _____		Zip Code _____				
Qualifying Race _____								
Phone Number _____		T-Shirt Size _____		Gender _____				
Signature _____			Date _____					

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